

# WHERE TO EAT IN MILAN

## insider's tip and list

In Milan there's thousand of opportunities for eating out and choosing a place could be difficult. If you're wondering where locals eat, here you find a list of some places.

This is a list of places that we like. Of course taste is personal, and not everyone likes the same things and places. Take this list as a bunch of a friend's suggestions.

Always check if the prices are in line with your expectations and check the closing days and hours on internet. Specially during the weekend, we suggest to make a reservation in order to be sure to find a table.

As for the tip, in Italy is not needed but appreciated. In restaurants you already pay a little supplement through the *servizio* (service charge) on your restaurant bill and/or the *coperto* (cover charge).

Smart tip: the Milanese go out for lunch between 1p.m. and 2 p.m., that means that restaurants are usually busier and it may happen that you have to wait before you can sit. If you can, try to go earlier or later!

Enjoy!



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# WHERE TO EAT IN MILAN

## PIZZERIA (PIZZA)

Even if pizza is not a traditional Milanese preparation, in the city you can find amazing good *pizzeria* that serve delicious pizza.

**Piz** this pizzeria not far from Duomo area, is considered the best pizza in Milan. When you enter it, before you even realize it, you'll get a complimentary glass of Prosecco in one hand and a sort of cheese bread in the other one. The place is colorful and the waiters nice and quick. Food is great of course.

Address: Via Torino, 34. Phone: +39 02 8645 3482

**Dry** only opened at night, this is not just a pizzeria, but one of the coolest bars in Milan. Here you find amazing cocktails and delicious pizza. You can order the pizza and the topping separately, so you can personalize your pizza as you prefer.

Address: Via Solferino, 33. Phone: +39 02 6379 3414

**Sibilla** if you are looking for an easy, traditional place, you'll like this no-frills but very good pizzeria located in Brera area. Tables are big and it happens to sit next to other people.

Address: Via Mercato, 14. Phone +39 02 3966 3561



# WHERE TO EAT IN MILAN

## RESTAURANTS IN CITY CENTRE

In the Duomo area you might think that it's impossible to escape from the crowd and from tourist traps. The good news is that even in the most touristy area of the city you can eat genuine and good food at a fair price. To find local places, just explore the side roads and it could happen to find real gems!

**Slow Sud** is a Sicilian restaurant in the heart of Milan. Here you find dishes coming from the southern Italian tradition such as *Melanzane alla Parmigiana* and *Cannoli*. If you like fish here you'll even find a special Sicilian Club Sandwich with prawns. Some tables have swings as chairs. Address: Via delle Asole, 4. Phone: 02 7200 2595.

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**Casa Lodi** this restaurant on a narrow street just off the Duomo square offers genuine Italian cuisine with a gourmet touch. On the list you'll find typical Lombard dishes such as *risotto*. All the ingredients come from farms and the restaurant itself has a countryside flair. As you sit, you get some homemade bread and complimentary cheese on the table. Address: Via Cappellari, 3. Phone: +39 370 337 9147



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# WHERE TO EAT IN MILAN

## ROMANTIC RESTAURANTS

Whether you have an anniversary to celebrate, or you just one to spend one night in a cozy, romantic place, give a look to this suggestions.

**La Dogana del Buongusto** the restaurant is housed down in the cellar of an old building. The interior has exposed brick walls and the atmosphere is cozy and charming, perfect for a romantic dinner. The food is traditional but combined with first class service and great wines. The most surprising dish is the *Zigogna*: a rustic mountain dish of beef roasted perfectly on a wooden rod.

Address: Via Molino delle Armi, 48. Phone: +39 02 8324 2444

**Convivium** this restaurant is in Brera area, has a lovely atmosphere and serves a variety of dishes coming from different Italian regions. Here you can find very good fish, pasta, pizza and meat, *Cotoletta alla Milanese* included. Moreover, it has a great selection of wines.

Address: Via Ponte Vetero, 21. Phone: +39 02 8646 3708.

**Giacomo Arengario** is a bar and a restaurant and offers one of the most stunning views of the city. This place has an extraordinary position facing the Duomo and you can literally eat with the Duomo in front of your eyes. The place is elegant with Art Deco furniture and the menu offers both: Milanese dishes and fish.

Address: Via Guglielmo Marconi, 1. Phone: +39 02 7209 3814



# WHERE TO EAT IN MILAN

## RESTAURANTS FOR FAMILIES

Of course families can go everywhere, but some places have areas where kids can go around and play safely and the atmosphere is just perfect.

**Un Posto a Milano** a farm of the 17<sup>th</sup> century turned into a hostel, restaurant, farmer's market. Specially on Sunday morning is the perfect place for eating while kids go around in a safe place and parents can relax.

Address: Via Privata Cuccagna, 2. Phone: +39 02 545 7785

**Giulio Pane e Ojo** This traditional *trattoria* is in a central but not touristy neighborhood offers great pasta and meat from the Roman tradition. The atmosphere is warm and the owners friendly and welcoming.

Address: Via Lodovico Muratori, 10. Phone: +39 02 545 6189.

**Carlsberg OI** this unexpected cozy place with exposed brick walls, despite of the name, doesn't serve Danish food but Italian and in a very good quality. On the menu you'll find pizza, burgers, salads, pasta and meat. In sunny days you can enjoy the spacious area outside.

Address: Bastioni di Porta Nuova, 9. Phone: +39 02 655 5560



# WHERE TO EAT IN MILAN

## TRADITIONAL RESTAURANTS

If you're looking for tradition, we've picked for you some places where you can taste local and traditional preparations, such as the *Risotto alla Milanese* or the *Ossobuco*.

**Osteria del Treno** this restaurant, hidden in a side road in Central Station area, is housed in a former recreational club for railway workers. The room is decorated in Art Nouveau style and once in a while hosts Tango events. The menu offers traditional dishes with a twist. The peculiarity is that the Osteria del Treno is a Slow Food restaurant, that means that offers very unique and selected ingredients coming from different parts of Italy. Address: Via S. Gregorio, 46. Phone: +39 02 670 0479

**Ratanà** The feature if this restaurant housed in a building of the 19th century is that the food is traditional, freshly prepared and locally sourced. If you want to taste the *Ossobuco* or the *Risotto alla Milanese*, consider this charming restaurant for your meal. During the week they offer business lunch on a cheap price with creative solutions. Address: Via Gaetano de Castillia, 28. Phone: +39 02 8712 8855.

**La Dogana del Buongusto** the restaurant is housed down in the cellar of an old building. The interior has exposed brick walls and the atmosphere is cozy and charming, perfect for a romantic dinner. The food is traditional but combined with first class service and great wines. The most surprising dish is the Zigogna: a rustic mountain dish of beef roasted perfectly on a wooden rod. Address: Via Molino delle Armi, 48. Phone +39 02 8324 2444



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# WHERE TO EAT IN MILAN

## VEGETARIAN / VEGAN / RAW / GLUTEN FREE

The Mediterranean diet includes various vegetarian dishes, that's why in most of the Italian restaurants or *pizzerie*, it's easy to find vegetarian or even vegan options. Also, in Milan are opening a lot of new restaurant offering vegetarian or vegan food. For other specific requirements, are opening interesting places as well, such as gluten free pizzeria and bakeries: a dream come true.

**Centro Botanico** right in the heart of Brera, this nice location is both: a shop and a restaurant. The restaurant opens only for lunch and serves vegetarian, vegan and raw dishes. *Centro Botanico* is also a nice address for a warming drink in a winter afternoon. *Centro Botanico* has a second location.

Location 1 - Address: Piazza S. Marco, 1. Phone: +39 02 2901 3254

Location 2 – Address: Via Cesare Correnti, 10. Phone: +39 02 7202 3525.

**That's Vapore** just a 10-minutes walk from the Duomo. Everything here is steamed, healthy and delicious. They do not only serve vegetarian food, but also seafood. Consider that can be very crowded during lunchtime.

Address: Corso di Porta Vittoria, 5. Phone: +39 02 9163 6095

**Valà** is on a side road of Corso Genova, in a residential area, in walking distance from the Navigli area. This cozy and local restaurant offers also vegan and vegetarian options, combining Emilian and Sicilian specialties. If you decide to eat there it's better to reserve a table. Address: Via Daniele Crespi, 14. Phone: +39 02 9163 6095

**Glu Free Bakery** is a coeliac's paradise! Imagine a bakery where you can order and eat literally everything that you see behind the counter: focaccia, pizza, bread, pastries, cakes, croissants and even Sicilian arancini! The perfect place for breakfast or for a snack. There's two Glu Free Bakeries in town, both in nice and cool areas.

Location 1: Address: Via Curtatone, 6. Phone: +39 02 5401 9723

Location 2: Address: Viale Gian Galeazzo 6. Phone: +39 02 3 676767 9

**Be Bop** right near the Navigli there's a very good pizzeria that offers pizza also suitable for gluten free diet. They absolutely avoid cross-contamination and the gluten-free pizzas are even shaped differently from the gluten-pizzas, to ensure no one mixes them up. The staff speak very good English, so they'll understand perfectly your requirements. Address: Viale Col di Lana 4. Phone: +39 02 837 6972



# WHERE TO EAT IN MILAN

## BEST APERITIVO

The most Milanese among the Milanese habits is the *aperitivo*. As aperitivo we consider both: the habit of having a drink before lunch or dinner and the drink itself. For the Milanese the *aperitivo* is more, it means that the working day is over and that it's time to chill out. Some of the bars offer a rich complimentary buffet to accompany the food or serve a board with some canapé, cheese, olives and cold cuts. Some others offer just some pickles, crisps and olives to taste better the drink.

You can find bars that serve the *aperitivo* almost everywhere in the city, but most of them are located in the Canals/Navigli area, in Brera district and along Corso Sempione. Here below there's some suggestions, very different from each other.

**Duomo 21** located right at the first floor of the Galleria Vittorio Emanuele II, this trendy bar offers a stunning view over the façade of the Duomo. It has also a beautiful terrace that you can enjoy even in winter thanks to the heating where you can sip your Martini-based cocktail looking at the Duomo right in front of you. Address: Piazza del Duomo, 21. Phone: +39 02 4539 7654

**Camparino** This place is a piece of history of Milan. For a genuine local experience come here between 6p.m. and 8 p.m., stand at the counter (there's a fee for table service and locals usually don't sit) like the Milanese do, order a Campari-based drink to the super professional and quick bartender and pierce some olives and pickles with your toothpick.

Address: Galleria Vittorio Emanuele II. Phone: +39 02 8646 4435

**Ostello Bello** awarded as the best hostel in the world, this cosmopolitan place is also a meeting point for locals for an *aperitivo* or for a Sunday brunch. The atmosphere is young and relaxed and the buffet offers also vegetarian and vegan options. The Ostello Bello has a second location near the Central Station named Ostello Bello Grande.

Ostello Bello - Address: Via Medici, 4. Phone: +39 02 3658 2720

Ostello Bello Grande – Address: Via Roberto Lepetit, 33. Phone: +39 02 670 5921.

